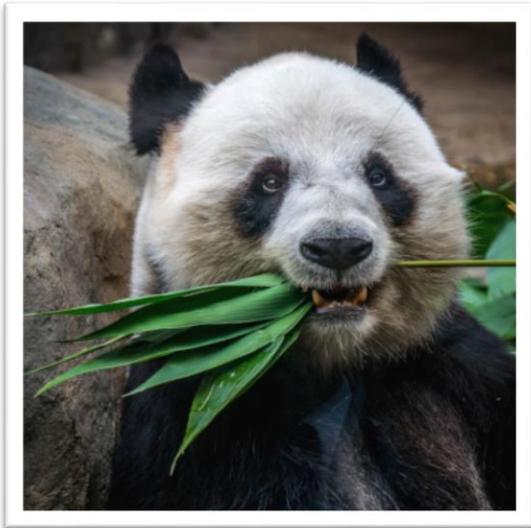


Want to raise some cash but need a bit of help? Here are some ideas to get you started!

Food and Drink ideas

There are lots of ways to raise money without even having to leave the house! Host a fundraiser in your own home. You could try the following:



Afternoon Tea – friends and family come for dainty sandwiches and cakes for a donation the House.

Cake Sales – who doesn't love one of those?!

Food Challenge – challenge your friends to see who can eat the most baked beans with a cocktail stick or spaghetti with chopsticks in one minute!

Cocktail Night – everyone brings a bottle, donates £10 to the cause and gets stuck in. You could even add a raffle, play bingo or make it part of a quiz night!

Pay What You Want Dinner – make a meal for your pals and the can pay what they feel it was worth !

Exercise and Dance Ideas

Nothing is stopping you from doing a sponsored bike ride, whether that's across Scotland or just on a stationary bike in a gym. It's equally hard work and great challenge!

Aerobics or Zumba weekend? Zumba all-nighter, with people working out in teams? This idea could run and run (sorry).

Or just get out your best Disco kit and dance the night away at a Dance Party.





Organised events

There are also lots of organised bike rides, walking and running races plus triathlons that you can take part in. Bike, kayak, run, swim or climb your way to fundraising success! Have a look at the Events Listings on our website too.

Sports Ideas

Organise a Charity Challenge like a five a side football tournament - charge an entry fee and combine it with a bake sale, tombola or raffle. Children might want to do a 1km race or Toddler Waddle.

Get Rid of Your Kit!

There are lots of ways to de-clutter your house while raising funds for families across Scotland. Sell it at a Car Boot Sale, invite your friends to a de-clutter party, charge entry for a clothes swap and help families stay close to their sick child.

Auction your time and talent

Have you got specific skills that you could exchange for a donation to the House? Perhaps you have green fingers and could improve someone's garden? Or sewing skills that could be put to good use? Or maybe you could charge for your IKEA flatpack building prowess?!

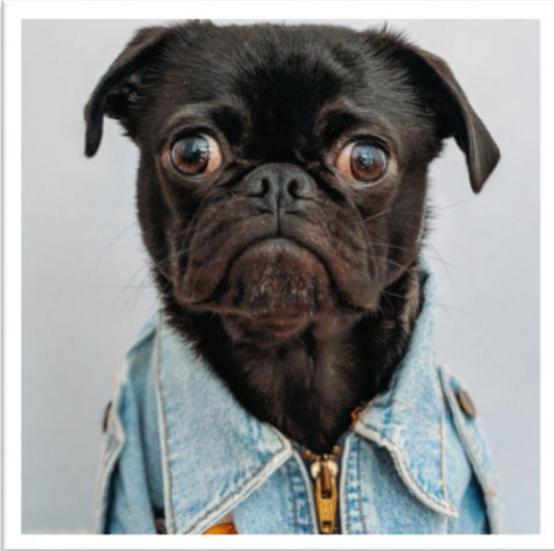
There are many surprising ways that you could help out friends and family and raise money for the House at the same time.

Small Change, Big Money!

All those copper coins add up! Why not empty your pockets or purse each week and you'll soon be surprised at how much you can raise – ask your friends and families to join in too.

You can up the stakes and add your 10 and 20p's too. Make it a family challenge! A good way to eat chocolate and raise money is to buy a tube of Smarties, eat them then fill the tube with your spare 20p's – yum.





Dress Up and Dress Down

Get your workplace, school or club involved and ask for donations to a dress down day, or maybe everyone could wear red or even have a fancy dress day! Lots of opportunity to bring some fun to the workplace, or simply get to wear your jeans to work!

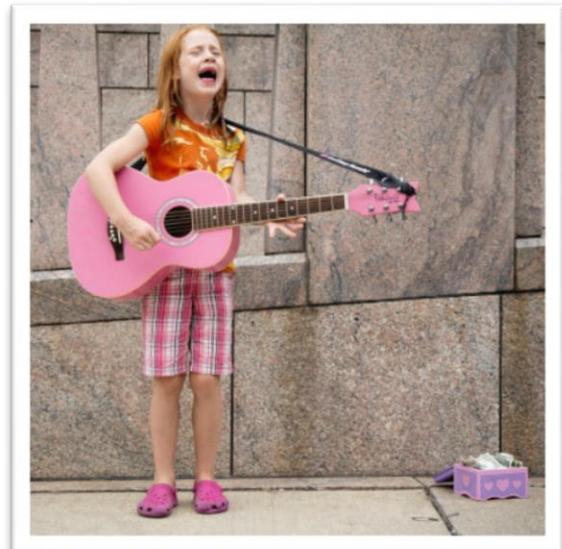
Game On!

Poker, Monopoly, Games Nights, Xbox challenges, Twister, tiddlywinks, dominoes, chess, Scrabble, Quiz night, the list goes on and on.

Whether you want to play for high stakes with all money going to the House plus a prize for the winner, or having a 'pay to play' chess challenge - there's no limit to how you can combine your love of playing games and doing quizzes with raising much needed funds for the House. On your marks ...

Play on!

Are you musical, play in a band or choir? Would you consider doing a performance or some busking in aid of families across Scotland whose child is ill in hospital? Why not combine this with a bake sale, raffle and karaoke for a really fun night for all. Alternatively, put on your own X Factor or Britain's Got Talent for a great time while raising much needed funds for the House.



Hair brained ideas

Yes, you know what's coming next Cut your hair, dye your hair, shave your head, wax your legs. Or grow your beard. All hair raising ideas for a good cause!

Around the World in Fundraising Days

There are loads and loads of exciting adventure treks and challenges you can take part in to raise funds for the House. From trekking across the Arctic, to the dunes of the Sahara, cycling round Cuba to climbing to Base Camp – challenge yourself and help families when they need it most. We also have some events listed on our website.